



N. E. S.
Hand Therapy Training
www.neshands.co.uk

Venue Information

**Upstairs Teaching rooms at:
North Western Reform Synagogue
Alyth Gardens
London NW11 7EN**

Accommodation:

The nearest and easiest is the Holiday Inn Express at 58 REGENTS PARK ROAD, LONDON, N3 3JN. The rate is around £73 per night. There is a Travellodge opening in Finchley Central which will be cheaper and as soon as it is open (late 2016/early 2017) we will post information on our website. Many other B&Bs and hotels around Golders Green but please check these out yourself before booking. Brent Cross is an easy bus ride away for some retail therapy

Travel:

Nearest Tube:	Golders Green on Northern Line
Buses to Golders Green:	13, 82, 83, 102, 183, 210, 226, 240, 245, 260, 268, 328, 460
Buses along Finchley Rd:	82, 460

There are various, and rather complicated parking restrictions in the roads around the synagogue with one hour restrictions in the middle of the day. However there is unrestricted parking in some of Hampstead Way and an easy pedestrian cut through at Farm Walk Lawn Tennis Club (Farm Walk) which brings you out into Temple Fortune Lane. Turn left in Temple Fortune Lane and then right into Temple Grove at the end of this road there is another cut through that brings you out at the Synagogue. If you are staying at the Holiday Inn, you are best to jump on the 82 bus or walk (about 15 minutes). The 82 bus will be best from the new Travelodge. 10 minute bus ride (or 30 minute walk)

Entry to the site is through a gate at the end of Alyth Gardens. Buzz on the reception bell and they will release the gate. Again, buzz to gain entry to the building.

Food:

All food for the course (tea, coffee and lunch) is included. Please note this is a VEGETARIAN site. No meat is allowed.