

BAHT Level I



N. E. S.
Hand Therapy Training
www.neshands.co.uk

Aims

The BAHT Level I course aims to provide an opportunity for healthcare workers to gain an insight into the hand, its structure and function and the application of assessment and rehabilitation principles to common injuries and conditions affecting the hand. It also aims to provide occupational therapists and physiotherapists the opportunity to complete their first step on the route to becoming a BAHT AHT, gaining 1 BAHT point on successful completion of the post-course assessment.

Objectives

By the end of the course, the participants should be able to:

- Demonstrate an understanding of the pure and functional anatomy of the hand
- Describe the rationale for and application of common methods of hand assessment
- Describe the rationale for recording assessment, objectives and outcomes in a clear, comprehensive and concise manner
- Demonstrate basic knowledge of some commonly seen hand injuries and conditions
- Recognise commonly encountered complications resulting from hand injury or pathology
- Demonstrate a basic understanding and evaluation of treatment methods commonly utilised in the management of hand injuries and conditions
- Complete the Level I course examination online within two weeks of the course completion date