



N. E. S.  
Hand Therapy Training  
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## The PIP Joint BAHT LEVEL II

### Pre-course Reading List

*It is recommended that prior to the course some background reading is undertaken. We recommend reviewing the basic hand assessment techniques and hand anatomy including muscle, bone, tendon and nerve from text:*

*Here are a few examples:*

**1. Tubiana, R., Thomine, J-M., Mackin, E. (1996) Examination of the Hand and Wrist (2<sup>nd</sup> edn) London: Martin Dunitz**

Chapter 1.1: Skeleton of the hand	pgs: 4-28
Chapter 1.3: Movements of the hand and wrist	pgs: 40-128
Chapter 2.2: Examination of bones and joints	pgs: 185-205
Chapter 2.3: Examination of musculotendinous apparatus	pgs: 205-225
Chapter 4.3: Sensibility evaluation	pgs: 328-355

**2. Hunter JM, Mackin E.J., Callanan A.D, Skirven TM, Schneider LH, Ostermann AL (Eds) (2002) Rehabilitation of the Hand and Upper Extremity (5<sup>th</sup> Ed) CV Mosby**

Chapter 1: Atlas of regional anatomy of the neck, axilla and upper extremity	pgs: 3-50
Chapter 3: Anatomy and kinesiology of the hand	pgs: 60-77
Chapter 8: Clinical Examination of the hand	pgs: 120-143
Chapter 11: Range-of-motion measurement of the hand	pgs: 169-183
Chapter 14: Sensibility assessment for nerve lesions in continuity and nerve lacerations	pgs: 214-240
Chapter 16: Documentation: essential elements of an upper extremity assessment battery	pgs: 263-285

**3. Prosser R., Conolly W.B., (2003) Rehabilitation of the hand and Upper Limb. Butterworth Heinemann**

Chapter 2A: Functional Anatomy and Assessment	pgs: 16 - 28
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**4. Salter, M., Cheshire, L. Hand Therapy: Principles and Practice London: Butterworth Heinemann**

Chapter 2: Assessment	pgs: 13-58
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