

## Course Aims



**N. E. S.**  
Hand Therapy Training  
[www.neshands.co.uk](http://www.neshands.co.uk)

## BAHT LEVEL II – THE WRIST

- Demonstrate a knowledge of the anatomy of the wrist
  - Demonstrate palpation and surface anatomy of the wrist
  - Perform assessment techniques and differential diagnosis testing for wrist conditions
  - Explore and describe the kinematics of each area of the wrist and carpus
  - Demonstrate a knowledge of the acquired and traumatic conditions of the wrist
  - Carry out practical sessions and demonstrate the use of treatment modalities
  - Demonstrate a knowledge of new ideas in wrist rehabilitation and the use of proprioception
  - Demonstrate an awareness of the surgical procedures available for the wrist
  - To complete a written exam and a take-home project
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