

Programme

**Management of Peripheral Nerve Pathology**

**in the Upper Limb (Compression and Injury)**

24th and 25th September 2021

Day 1

08.30 Registration

09.00 Nerve Anatomy SM

10.15 Introduction to WRULD and ergonomics EJ

10.45 *Tea / Coffee*

11.15 Screening the neck and ULTT EJ

11.45 Assessment - including MMT SM

12.15 Sensory Assessment -Workshop 1

1. Early recovery assessment SM

2. Late recovery assessment EJ

12.45 Sensory Assessment – Workshop 2

13.15 *Lunch*

14.00 Median Nerve compressions -introduction and assessment SM

14.40 Ulnar Nerve compressions -introduction and assessment EJ

15.20 *Tea / Coffee*

15.45 Radial Nerve compressions -introduction and assessment SM

16.25 Differential Diagnosis of peripheral nerves EJ

17.00 Close



Programme

Peripheral Nerves – Day Two

09.00 Nerve Compression Conditions Treatment

10.30 *Tea /coffee*

11.00 Treatment Workshops -1

1. Desk and non-desk based treatments EJ

2. Work place management SM

11.45 Treatment Workshop - 2

12.30 *Lunch*

13.15 Nerve injury and repair EJ

13.45 Nerve injury treatments –median, ulnar and radial nerves SM

14.45 *Tea / coffee*

15.10 Treatment Workshops -1

1. Desensitisation EJ

2. Sensory Re-education SM

15.30 Treatment Workshop - 2

15.50 Case Study – discussion

16.30 Close