



## Management of Acquired Conditions of the Hand Programme

### Day 1

8.30	Registration	
8.50	Introduction	
9.00	Anatomy	SM
10.30	<b>Coffee</b>	
11.00	Assessment	NG
12.00	Work Related Upper Limb Disorders	EJ
13.00	<b>Lunch</b>	
14.00	Treatment modality workshops (2 x 40mins round robin)	
	Splinting the hand	NG
	Oedema management	EJ
	Wound care and Scar management	SM
15.20	<b>Tea</b>	
15.50	Treatment modality workshops (1 x 40mins round robin)	
	Splinting the hand	NG
	Oedema management	EJ
	Wound care and Scar management	SM
16.30	Compression Syndromes	EJ
17.30	<b>Close</b>	

Teaching time: 6 hours 30 mins

### Day 2

8.30	Review / Exam and Project discussion	
9.00	Congenital <b>hand</b> conditions- Assessment, Conditions, Surgery & Rehab	NG
10.45	<b>Coffee</b>	
11.15	OA – Pathology, Aetiology, Assessment, Deformities	EJ
12.15	Rheumatoid Arthritis - Pathology / Aetiology	SM



12.30	<b>Lunch</b>	
13.30	Rheumatoid Arthritis - Assessment / Deformities	SM
14.15	RA and OA - Surgery	SM
15.00	RA / OA post op treatment workshops (1 x 40 mins)	
	Activity Therapy and Grip Retraining	SM
	Clinical Reasoning for Post Op Splinting	NG
	Clinical Reasoning Post op Exercise Regimes	EJ
15.40	<b>Tea</b>	
16.10	RA / OA post op treatment workshops (2 x 40 mins)	
	Activity Therapy and Grip Retraining	SM
	Clinical Reasoning for Post Op Splinting	NG
	Clinical Reasoning Post op Exercise Regimes	EJ
17.30	<b>Close</b>	

Teaching Hours: 6 hours 30 mins

### Day 3

8.30	Review	
9.00	Dupuytren's Disease	NG
10.00	Trigger finger/Thumb	SM
10.30	<b>Coffee</b>	
11.00	Ganglions	EJ
11.30	Differential diagnosis	SM/EJ/NG
12.30	<b>Lunch</b>	
13.30	Case Studies	SM/EJ/NG
14.30	<b>Tea</b>	
15.00	Exam	
16.10	<b>Close</b>	

Teaching hours: 4 hours

Total Teaching hours: 17 hours

