



**N. E. S.**  
Hand Therapy Training  
www.neshands.co.uk

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## **BAHT Level II**

### **Acquired Conditions including WRULDs**

#### **DAY ONE**

08.30 Registration

09.00 Introduction to WRULD EJ

09.45 Assessment NG

10.15 Tendon related conditions Part I NG  
Assessment, diagnosis and management

**10.45 Coffee**

11.15 Tendon related conditions Part 2 NG  
Assessment, diagnosis and management

11.45 Nerve Anatomy SM

**13.00 Lunch**

13.45 Introduction to Ergonomics EJ

14.15 Screening the Neck and ULTT EJ

14.45 – 15.25 Workshop 1 – Round robin

**15.25 Tea**

15.55 – 16.35 Workshop 2 – Round robin

16.35 – 17.15 Workshop 3 – Round Robin

Workshop 1 = Median Nerve NG

Workshop 2 = Radial Nerves SM

Workshop 3 = Ulnar Nerve EJ

## **DAY TWO**

08.30 Review of Day One, Q&A, explanation of exam and project

09.00 Nerve related conditions  
Assessment, diagnosis and management SM

10.00 Associated conditions EJ

10.45 Coffee

11.15 Joint related conditions  
Assessment, diagnosis and management NG

12.15 Stress and Pain EJ

12.45 Lunch

13.30 – 14.15 Workshop 4 – Round robin

14.15 – 15.00 Workshop 5 – Round robin

15.00 Tea

15.15 – 16.00 Workshop 6 – Round Robin

Workshop 4 – Work practice and ergonomics – desk based EJ

Workshop 5 – Work practice and ergonomics – non-desk based NG

Workshop 6 – Work Management SM

16.00 END

### **DAY THREE**

09.00 Review of day two with Q&A

09.30 – 10.15 Workshop 7 – Round robin

10.15 – 11.00 Workshop 8 – Round robin

**11.00 Coffee**

11.30 – 12.15 Workshop 9 – Round robin

Workshop 7 – Soft tissue treatment

Workshop 8 – Motor imagery and stability

Workshop 9 – Kinesiology taping

EJ  
SM  
NG

**12.15 Lunch**

13.15 Differential diagnosis and case study (summary of course)

All

**15.00 Tea**

15.20 Exam

16.30 Finish