

Programme



N. E. S.
Hand Therapy Training
www.neshands.co.uk

The aim for this training day is to provide the theoretical background, construction skills and clinical reasoning for the splints below

Draft Programme

- 08.00 Preparation of space and set up
- 08.30 Theory of Static Splinting
- Functional anatomy for splinting
 - Pattern making – with cases
 - Strapping
 - Introduction to Performance Health materials
- 10.00 Finger resting or finger extension splint
- Pattern making both patterns with clinical reasoning
 - Handling skills
 - Practical
- Coffee break of 15 minutes within this session
- 11.30 Hand based thumb MCPJ splint
- Pattern making both patterns with clinical reasoning
 - Handling skills
 - Practical
- 12.45 Lunch
- 13.30 Forearm based radial sided thumb splint
- Pattern making both patterns with clinical reasoning
 - Handling skills
 - Practical
- 15.00 POSI splint
- Pattern making both patterns with clinical reasoning
 - Handling skills
 - Practical
- 17.00 Close