



N. E. S.
Hand Therapy Training
www.neshands.co.uk

The Wrist Programme - Provisional

9.00 Review of Wrist anatomy

10.00 Assessment of the wrist for elective surgery

10.30 Tea/Coffee

10.45 Injury and interpretation of Imaging of the wrist

11.30 Scapholunate Ligament injury and reconstructions
- assessment, treatment post operatively and complications

12.30 Lunch

1.15 TFCC injury and reconstructions
- assessment, treatment post operatively and complications

2.15 Wrist and DRUJ Replacements
- assessment, treatment post operatively and complications

2.45 Tea

3.00 Wrist fusions and osteotomies (radial and ulnar)

3.45 Cases for discussion

4.30 Close

Teaching Time: 6 hours and 30 minutes