



Anatomy BAHT Level 1

To enhance your learning of the anatomy of the hand, we will be using the system designed by Anatomy Software. This involves drawing on a glove, which will be provided for you, under instruction of a video tutorial.

Please make sure you bring felt tip marker pens in the colours listed in the chart on the next page.
Black, Blue, Red, Green, Orange, and Purple.



Colours of Markers for Drawing on Anatomy Softwear Gloves

Make sure you bring felt tip marker pens in Black, Blue, Red, Orange, Green, Purple.

Video	DURATION	Structures in sequence	Colour of Marker on Video	Alternate Colour of Marker (if sharing markers)	Innervation
A	5 min 57 sec	Bones and Finger Joint <u>Axes</u>	Black	N/A	N/A
B	3 min 59 sec	Wrist Extensors (ECRB, ECRL, ECU)	Green	Blue	Radial
C	3 min 33 sec	Thumb Extensors (APL, EPB, EPL)	Purple	Green	Post Interosseous N (branch of Radial)
D	6 min 18 sec	Wrist/Finger Extensors and Lateral bands	Blue	Green	Post Interosseous N (branch of Radial)
		Extensor Digiti Minimi	Blue	Green	
		Extensor Digitorum D2-4	Blue	Green	
		Extensor Digitorum D5	Red	Orange	
		Extensor Indicis	Red	Orange	
E	5 min 5 sec	Dorsal Interossei	Red	Orange	Deep Branch Ulnar N
F	2 min 53 sec	Palmar Interossei	Orange	Red	Deep Branch Ulnar N
G	3 min 24 sec	Wrist Flexors (FCR, FCU)	Green	Blue	FCR: Median FCU: Ulnar
H	1 min 59 sec	Adductor Pollicis	Orange	Red	Deep Branch Ulnar N
I	5 min 17 sec (FDP only = 2 min 15 sec)	Flexor Pollicis Longus	Purple	Green	Median
		Flexor Digitorum Profundus	Blue	Green	Median/Ulnar
		Flexor Digitorum Superficialis	Green	Blue	Median
J	4 min 38 sec	Lumbricals	Green	Blue	Median/Ulnar
K	3 min 30 sec	Flexor Retinaculum	Orange	Red	N/A
		Abductor Pollicis Brevis	Red	Orange	Median
		Abductor Digiti Minimi	Red	Orange	Ulnar
		Palmaris Longus	Green	Blue	Median
L	1 min 50 sec	Extensor Expansion and Injuries	N/A	N/A	N/A
	23 minutes				

After the course you will be given a link to enable you to finish the glove to complete your learning