

Course Aims

BAHT LEVEL II – THE WRIST

* Demonstrate a knowledge of the anatomy of the wrist
* Demonstrate palpation and surface anatomy of the wrist
* Perform assessment techniques and differential diagnosis testing for wrist conditions
* Explore and describe the kinematics of each area of the wrist and carpus
* Demonstrate a knowledge of the acquired and traumatic conditions of the wrist
* Carry out practical sessions and demonstrate the use of treatment modalities
* Demonstrate a knowledge of new ideas in wrist rehabilitation and the use of proprioception
* Demonstrate an awareness of the surgical procedures available for the wrist
* To complete a written exam and a take-home project