

Provisional Programme

**Management of Peripheral Nerve Pathology**

 October/November 2024

**DAY 1**

08.30 Registration

09.00 Nerve Anatomy SM

10.30 Introduction to WRULD and ergonomics EJ

11.00 *Tea / Coffee*

11.30 Screening the neck and ULTT EJ

12.00 Introduction to Assessment –

(including how to do a sensory set up) NG

12.45 *Lunch*

13.30 Sensory Assessment -Workshop 1

 1. Sensory assessment SM

 2. Function/dexterity assessment NG

 3. Muscle testing EJ

14.30 Sensory Assessment – Workshop 2

15.30 *Tea / Coffee*

15.50 Sensory Assessment – Workshop 3

16.50 Close

**DAY 2**

8.30 Review and questions

9.00 Compression assessment workshops

 Median nerve

 Radial nerve

Ulnar nerve

9.40 Workshop 2

10.20 *Tea / Coffee*

10.45 Workshop 3

11.25 Treatment of Nerve Compressions

13.00 Lunch

13.45 Treatment Workshops 1

 1. Desk and non-desk-based workers EJ

 2. Workplace psychosocial management SM

 3. Movement Representation techniques NG

14.30 Treatment workshop 2

15.15 *Tea / Coffee*

15.30 Treatment workshop 3

16.15 Nerve injury and repair EJ

17.00 Close

**DAY 3**

8.30 Review and exam/project information

09.00 Nerve injury treatments –median, ulnar and radial nerves SM

10.30 *Tea /coffee*

10.50 Treatment Workshops -1

 1. Desensitisation/ scar management EJ

 2. Sensory Re-education SM

 3. Splinting NG

1130 Treatment Workshop – 2

12.10 Treatment workshop – 3

12.50 Lunch

13.45 differential diagnosis

15.00 *Tea / Coffee*

15.20 EXAM

16.30 Close