

Reading List

BAHT LEVEL II – THE WRIST

It is recommended that prior to the course some background reading is undertaken. We would recommend that the most useful study you can undertake is reviewing the basic hand assessment techniques and anatomy including – muscle, bone, tendon and nerve

Use any of these key texts OR from any appropriate text:

**1. Tubiana, R., Thomine, J-M., Mackin, E. (1996) Examination of the Hand**

**and Wrist (2nd edn) London: Martin Dunitz**

Chapter 1.1: Skeleton of the hand pgs: 4-28

Chapter 1.3: Movements of the hand and wrist pgs: 40-128

Chapter 2.2: Examination of bones and joints pgs: 185-205

Chapter 2.3: Examination of musculotendinous apparatus pgs: 205-225

Chapter 4.3: Sensibility evaluation pgs: 328-355

2. **Skirven TM, Osterman AL, Fedorczyk, JM, Amadio PC (Eds) (2011)**

**Rehabilitation of the Hand and Upper Extremity (6**t**h Ed) CV Mosby**

Chapter 1: Anatomy and kinesiology of the Hand pgs: 3-17

Chapter 2: Anatomy and Kinesiology of the Wrist pgs: 18-27

Chapter 6: Clinical Examination of the Hand pgs: 55-71

Chapter 7: Clinical Examination of the Wrist pgs: 72-83

Chapter 11: Sensibility Testing: History, Instrumentation and

Clinical Procedures pgs: 132-151

Chapter 12: Functional Tests pgs: 152-162

3. **Prosser R., Conolly W.B., (2003) Rehabilitation of the hand and Upper**

**Limb. Butterworth Heinemann**

Chapter 2A: Functional Anatomy and Assessment pgs: 16 – 28

4. **Yu H-L, Chase RA, Strauch B) Atlas of Hand Anatomy and Clinical**

**Implications. CV Mosby, St Louis (2004)**

Chapter 9: Overview of the Bones and Joints of the hand pgs:157-167

Chapter 14: Overview of Musculo-tendinous system of the Hand pgs: 263-283

Chapter 24: Outline of the Nervous System of the Upper limb pgs: 366-490