**Course Information Pack**

**BAHT Level II: The Thumb  
5-7th November 2025**

**Venue**Missenden Abbey is a 12th Century former medieval abbey, set within 10 acres of beautiful grounds in the heart of the Chilterns. Missenden Abbey blends a historic building with a purpose-built conference and training facility. It provides a great learning environment, good food, a dedicated team and peaceful grounds to enhance your learning experience. There is ample free parking on site as well as accommodation if required.   
Please visit their website for more information: <https://missendenabbey.co.uk/>

**Address:** Missenden Abbey, London Road, Great Missenden, Buckinghamshire,   
HP16 0BD

**Google maps link:** <https://maps.app.goo.gl/d6BjYo9VvoFEp6yx9>

**Nearest train station:** Great Missenden train station (10-minute walk away)

**Course Providers:** NES Hand Therapy Training

We are proud to announce the course will be delivered by Nicola Goldsmith, Elaine Juzl and Sarah Mee (NES). They are esteemed professionals in their own right and have pooled their expertise together to create excellent course content for the specialist field of hand therapy. They provide cutting edge educational resources to prepare therapists for success in the field of hand therapy.

**Accommodation Options***Here are a few suggestions of nearby accommodation options.*

For a stress-free experience, Missenden Abbey has its own accommodation available. Please book directly with them via the link: <https://missendenabbey.co.uk/accommodation/>

Nags Head is a nearby country pub/restaurant with accommodation options. <https://nagsheadbucks.com/rooms>   
(14-minute walk from Missenden Abbey)

Premier Inn Aylesbury (15-minute train journey to Great Missenden or 30-minute drive)  
<https://www.premierinn.com/gb/en/hotels/england/buckinghamshire/aylesbury/aylesbury.html>

Travel Lodge Aylesbury (15-minute train journey to Great Missenden or 25-minute drive)  
<https://www.travelodge.co.uk/hotels/579/Aylesbury-hotel>

Holiday Inn Aylesbury (18-minute drive)  
<https://www.ihg.com/holidayinn/hotels/gb/en/aylesbury/aylbk/hoteldetail>

Airbnb may also have available options.

**Nearby Attractions/Points of Interest**

* **Food:**   
  Local supermarkets: Co-Op, Great Missenden. Tesco Superstore, Amersham.   
  Nags Head, Great Missenden  
  Black Horse Pub, Great Missenden  
  Matilda’s Bistro Café, Great Missenden  
  There are multiple other pub options nearby.
* Roald Dahl museum, Great Missenden.
* Great Missenden high street has lots of independent shops to enjoy at your leisure.

A paper course pack will be provided when you arrive containing all the course content.   
Please bring your own stationary. Space will be available to store your luggage on the final day if required.